UNIV 104 First-Year Success Seminar – 2 credits
Recommended for all students

Who am I?
Values Inventory
Character Strengths
Goal Setting
Communication Styles

Engaging in College Life

Becoming a Learner
Discussions

Faculty Interview
Academic Success Skills
- Note Taking
- Studying
- Preparing for exams

Information Literacy
- Time Management
- Backwards Planning

Reflective Writing

Student Engagement Plan
Activities/Events
- Academic (2)
- Campus/Community (2)
- Common Reading (2)
- ASCC Workshop (1)

Critical Thinking

Complex Problem Solving

Digital Literacy
Adobe Creative Jam Competition (WSU Creative Corridor) 16-week course

Presentation Skills
Moving Forward Project
What’s Next?

Managing Stress & Test Anxiety

Managing grade expectations

Faculty Transitions Interview

Self-Care
Learned Optimism

On-line Identity/Career Identity

Digital Literacy 8-week & Summer Session

Coordinating with others

On-line Identity/Career Identity

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